



# SURVEY ON LONELINESS

This survey is being conducted by the Upper Stoodley Residents' Association to help us plan how best we can address loneliness in our area. The survey is anonymous. We will prepare a report on the findings of this survey and publish it on our website. We may also use the information provided for future bids for grant funding. In either case we will not include any information that could identify individuals.

<i>I am</i>	<i>I am</i>	<i>I live</i>
Female	Under 18	Alone
Male	18-30	With one other
Prefer not to say	31-45	With more than one other
Prefer to self-describe	46-65	
	66+	

**1. Please circle which statement best describes you (circle one only)**

I have exactly the amount of social contact I like	I have some of the social contact I like	I have less social contact than I'd like	I have much less social contact than I'd like
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**2. I would describe myself as ... (circle one only)**

Very lonely	Lonely	A little lonely	Not lonely	Not at all lonely
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**3. I would say about the people I know nearby ... (circle one only)**

A lot of people are lonely	Some people are lonely	A few people are lonely	No one is lonely	I don't know
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**4. What do you think of as your local community? (circle one only)**

My street or immediate surroundings	The villages and estates round about me	Todmorden	The Upper Calder Valley	Other (please describe)
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**5. Which statement best describes you in normal times (i.e., before Covid-19)? (circle one only)**

I know a lot about social opportunities in my community	I know a bit about social opportunities in my community	I do not know much about social opportunities in my community	I know nothing about social opportunities in my community
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**6. How do you usually hear about social opportunities? (circle all that apply)**

Social media	Leaflets	Emails	Organisations I belong to	Other	I don't hear about social opportunities
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**7. Which statement best describes you in normal times? (circle one only)**

I have no problems accessing social opportunities	I have only a few problems accessing social opportunities but I sort them out myself	I have a few problems accessing social opportunities and they are difficult for me to sort out	I have many problems which prevent me from accessing social opportunities
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**8. Which statement best describes you in normal times? (circle one only)**

I make good use of the social opportunities around me	I make some use of the social opportunities around me	I don't make much use of the social opportunities around me	I don't make any use of the social opportunities around me	I don't think there are any social opportunities around me
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**9. If you experience problems in accessing social opportunities, what are they (circle as many as apply)**

Transport	Money	Not having someone to go with	Poor physical health	Mental health problem	Not knowing about opportunities	Other
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**10. If there was a register of groups and activities that local people went to, I would be willing for my details to be included for people who wanted to attend but needed someone to go with them (taking into account the relevant Covid-19 restrictions)?**

Yes	No	Not sure
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**11. If you think there is a problem with loneliness in our area, for yourself or others, what do you think would help the most? (circle as many as apply)**

A befriending service	More social events like coffee mornings	More outdoor activities like a walking group	Someone to ring me up from time to time	Something else (please describe below)
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**12. What do you think would make our area a better place to live?**

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**13. Do you think we could do more to make newcomers feel welcome? If so, what would it be**

No	Yes (please explain)
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Thank you for completing this questionnaire. Please could you now put it through the letter box of either the Top Brink Inn, Brink Top, Lumbutts, OL14 6JB, or Spencer House Farm, Sisley Lane, Mankinholes, OL14 6HW, or 14 Rossendale View, OL14 6HN by **30 April 2021**.

If you would like someone to collect the questionnaire please contact 01706 614620.