



UPPER STOODLEY RESIDENTS' ASSOCIATION

SUMMARY OF RESULTS OF LONELINESS SURVEY APRIL 2021

A total of 8 completed surveys were returned.

4 male respondents - 3 in 66+ age group and 1 in 46-65 age group.

4 female respondents - 1 in 66+ age group and 3 in 46-65 age group.

6 respondents said they lived one other; 1 lives with more than one other and one lives alone.

2 have exactly the amount of social contact they like; 3 have some of the social contact they like and 3 have less social contact than they'd like.

1 is not at all lonely; 4 are not lonely; 3 are a little lonely.

1 said no one is lonely; 3 said a few people are lonely; 1 said some people are lonely and 3 said they don't know.

2 people considered the Upper Calder Valley as their local community; 1 said Todmorden; 4 said the villages and estates around them and 1 said their immediate street or surroundings.

3 said they know a lot about social opportunities; 4 know a bit and 1 said they didn't know much.

3 said they heard about social opportunities through social media; 3 said leaflets and 4 said organisations they belong to.

5 have no problems accessing social opportunities and 3 said they have only a few problems but sort them out themselves.

5 said they make good use of the social opportunities; 2 said they make some use and 1 said they don't make much use.

3 people said not having someone to go with was a barrier; 1 said poor physical health and one said money.

5 people said they would be willing to be included on a register of groups and activities; 1 said no and 2 were not sure.

7 people said they thought more social events like coffee mornings and walking groups would help; 5 said someone to ring me up and 3 a befriending service. 1 person said more seasonal events such as Easter egg hunt, Carol concert and outdoor tai chi classes would help.

Suggestions as to what would make our area a better place to live included:
More street parties and local events; people observing the 20mph speed limit and setting up an Upper Stoodley google group/email group to help people feel connected.

Suggestions about what we could do to make newcomers feel welcome included:
Local neighbours to make contact with them early on; a small gift of flowers on arrival; invitations to drinks/dinner parties; a visit from a USRA member; a welcome pack listing key services and details and contact details for USRA; a map of the area with footpaths marked; a monthly drop in/social at the Top Brink; local walking group and a befriending service for the elderly/lonely.